

Rancho Los Alamitos Historic Ranch and Gardens

Rancho Los Alamitos
6400 Bixby Hill Road
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For Immediate Release

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GARDEN, GOURMET AND GALLERY The Rancho Los Alamitos 2010 Garden Series

From the Garden to the Table Growing and Cooking Winter Vegetables the Organic Method

Lecture and Book Signing by Pat Welsh
Culinary Demonstration, Sample Tasting and Book Signing by Cathy Thomas



Pat Welsh



Cathy Thomas

Saturday, September 18, 2010

10:00 a.m. to 12:30 p.m.

Admission \$15.00 - RLA Members & Students \$10.00

LONG BEACH, CA -- Rancho Los Alamitos Historic Ranch and Gardens (RLA) brings together the pleasures of the garden, the essence of the palate, and the art of the landscape with its 2010 Garden Series. This year's garden series brings experts to the Rancho throughout the year to educate and delight garden enthusiasts.

The next program in the garden series will be a Lecture and Book Signing by Pat Welsh plus a Culinary Demonstration, Sample Tasting and Book Signing by Cathy Thomas on Saturday, September 18, 2010 from 10:00 a.m. to 12:30 p.m.

Foodies and gardening fans will enjoy an informative, entertaining and delicious morning as expert gardener and author Pat Welsh joins Cathy Thomas author, editor and creative chef in presenting a program dedicated to the benefits of organic gardening and organic food preparation. Pat Welsh will offer helpful tips, hints and little-known but important information on growing winter crops. Cathy Thomas will bring the crops to the table with a tasty culinary demonstration. The ladies will introduce their new publications. "Melissa's Everyday Cooking with Organic Produce: A Guide to Easy-to-Make Dishes with Organic Fruits and Vegetables" by Cathy Thomas and "Pat Welsh's Southern California Organic Gardening, Month by Month" by Pat Welsh.

Admission tickets, which are \$15.00 for the general public and \$10.00 for RLA members and students, can be purchased online at www.rancholosalamitos.com or by calling 562-431-3541.

Rancho Los Alamitos is located at 6400 East Bixby Hill Road in Long Beach, California. Parking for the garden series events will be available on-site at the Rancho. All events in the Garden Series require advance reservations (see above). These events are expected to sell out, so early reservations are recommended.

Rancho Los Alamitos is owned by the City of Long Beach and operated by Rancho Los Alamitos Foundation as a public/private cooperative venture under the auspices of the

Department of Parks, Recreation and Marine. The site is open for tours Wednesday through Sunday from 1-5 p.m. School tours and Native American Children's Cultural Workshops are scheduled weekday mornings. Admission is free and parking is normally available on site. Enter through Bixby Hill residential security gate at Anaheim and Palo Verde. For information about the site, tours, or special events and programs, go to www.rancholosalamitos.com.